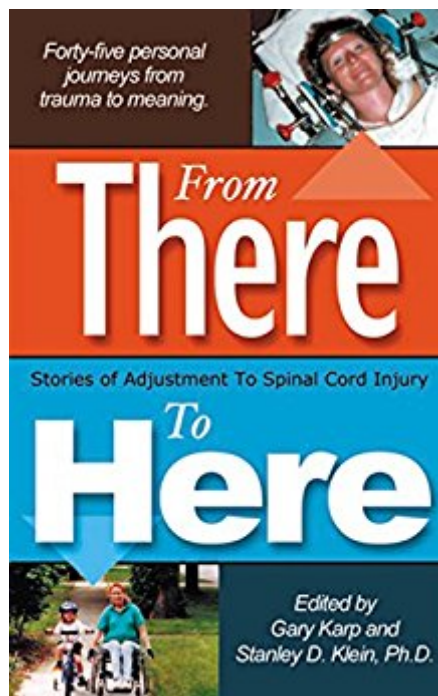




The book was found

From There To Here: Stories Of Adjustment To Spinal Cord Injury



Synopsis

45 intimate essays by an array of people detailing their process of adjustment from the moment of spinal cord paralysis to the integrated quality of life they are now living. Not designed to be "inspirational," these are authentic people describing how they actually got from "there" to "here." Covers a wide variety of injury levels and coping styles. The book is designed so that anyone facing these adjustments will find insights into their path forward. Anyone who reads this will understand that it is far more the rule than the exception that people can move forward from traumatic change to a re-visioned and meaningful life.

Book Information

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Physical Ailments > Physical Impairments

Customer Reviews

Not quite what I expected, but many of the stories were inspiring and thought provoking.

This collection of poignant intimate essays takes the reader on a journey inside the experience of adjustment to a traumatic life changing event caused by a spinal cord injury. This anthology is recommended for anyone who has experienced a spinal cord injury, for family members or

professionals working with individuals who have had traumatic life experiences. Each one of these personal stories illuminates the resiliency of the human spirit and how we adapt to our life circumstances. From There to Here should be on every therapist's reading list!

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